

# Elisabeth Curtis Centre, Riding for the Disabled



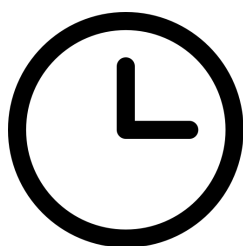
## Volunteer Coronavirus Guide

### Before you attend



- ✓ Visit our 'Covid Hub' on our website and complete our 'Pre-travel Track & Trace System' before coming to the centre, on the day you are due to arrive. You will need to complete this every time you visit.
- ✓ Watch our training videos on the new policies and procedures.

### When you arrive



We have limited space on site. Please arrive at your designated time and wait in your car if you are early

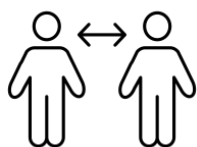


Only come in when indicated to do so. The centre is sanitised between sessions which takes time to complete



Wash your hands frequently, and when arriving & leaving the centre with soap and water or with sanitising gel

### While on site



Remain socially distanced to other people and follow the ONE WAY system



Avoid touching your eyes, nose and mouth with unwashed hands



Catch coughs and sneezes with a disposable tissue



If you don't have a tissue use your sleeve to catch coughs and sneezes



Throw away used tissue in the general waste bins (and wash your hands)

**Please follow the signs and guidance around the centre**

## Grooming a pony



You will be allocated a pony to groom. Grooming kits are no longer allocated for each pony. Simply take a brush of each type from the baskets in the yard. When finished place used kit in the yellow bucket under the grooming kit shelf.



Riding head collars are located outside the relevant stable along with a 'pony lead rope'. These are sanitised before use. Ponies must be tied in the stable for grooming or when tacked up.



The 'pony lead rope' is for tying the pony up in the stable. To lead a pony out please take a 'volunteer lead rope' from the bucket next to the grooming kits. Simply unclip the 'pony lead rope' and attach yours. Lead ropes should not be left in the stable with a loose pony.

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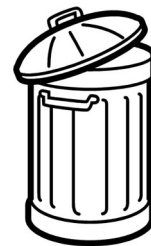
## Cleaning tack



There are 4 cleaning stations along the yard with a cleaning box, saddle rack and bridle hook. In the box you have a 'Tack cleaner and sanitiser', 'Numnah sanitiser' and 'saddle soap'. Clean cloths are located in the bucket next to the clean grooming kit.



- Saddles should be placed on the saddle rack and bridle, reins and neck strap on the cleaning hook.
- Numnah - Touch points should be sprayed with the 'Numnah Sanitiser'.
- Saddle - Spray 'Tack cleaner & sanitiser' direct onto surfaces and work in with clean cloth.
- Bridle, reins neck strap - Soak cloth first then wipe into the leather / rubber.
- Bits should not be sprayed. Clean with water under the taps in yard with fingers.
- 'Saddle soap' is used after the final clean to care for the leather. - Spray onto cloth and work in.



Please place dirty cleaning cloths or general waste in the bins provided.

**Please remember good hand hygiene between different equines and tasks. Ask your coach for any support.**