

A message from coaches...



Elisabeth Curtis Centre, Riding for the Disabled

Hi all,

Hope you're well.

It has been another busy week at the centre caring for our ponies. While our ponies aren't in lessons our grooms supported by our pony welfare officer are making sure we keep up our exercises with lunging and walking in hand. It is crucial we keep up this essential exercise both for their health & wellbeing and also to ensure we will be in the best position to start up again, when it is safe to do so.

A massive thank you to those keeping this up!

Easter weekend has very quickly caught up with us... Where has the time gone?

Though in the lockdown the days do seem to merge into one...

To help with a little bit more to do this weekend we have updated our "Resource Hub" (Click [HERE](#)) with some fun RDA colouring, word searches, Poem templates and more. There is also a direct link through to the FEI campus which has FREE courses on horsemanship for participants and volunteers. They cover a range of topics and may seem basic in parts but it is a good way to learn some more and keep refreshed while we're closed.

Are you feeling a bit more energetic? Then the Dressage Anywhere team have launched a new hobby horse competition which both participants and volunteers can take part in! It is £10 to enter with £8 going to the NHS charities urgent appeal. It looks great fun!! Do remember to also share your videos with us; we would love to see them! (Click [HERE](#))

Perhaps you are spending this weekend doing some clearing out? Virgin Moneygiving has teamed up with Ziffit.com which allows you to fundraise for us by simply clearing out your old books, DVDs and CDs. Take a look for more information. They operate a FREE courier pick up service and it is completely FREE to take part. (Click [HERE](#))

For those on Facebook we have successfully launched our new "Facebook Frame" (after a very quick re-design following some feedback 😊) I'd encourage you to use and share the frame so that we can share our message as far as we can.

A massive thank you to Jack who has shared his amazing drawing of Ellie this week! If you have a creation of your favourite pony please let us know so we can share it.

Thank you to Hilary who also shared her volunteering story along with some great photos of Solomon, Smokey and Polo. Please do send in your volunteer story! I have attached some photos that we have shared on Facebook this week.

Finally, I would just like to say a massive thank you for all your support throughout this time. With your help we have managed to fundraise a fantastic £1,962.00 so far! We also continue to have a generous amount of support for people purchasing feed and supplements for our ponies off our Amazon Wishlist. Thank you!

Take Care,

Kyle Palmer & the coaching team

Chair of Riding Committee / Coach – Elisabeth Curtis Centre
(Volunteer)

Click the links below to find more:



Supporting us:



Supporting us for **FREE**:



This e-mail has been sent to you by the Elisabeth Curtis Centre. This is for information purposes only.

